A 369 RABBIT HOLE EDITION

1925 to 1940

IN HER OWN WORDS

Florence Scovel Shinn's best affirmations, quotes and methods for money, love, health, guidance and fear

FLORENCE SCOVEL SHINN

The 369 Rabbit Hole

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THE DESCENT

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FLORENCE SCOVEL SHINN
THE LAMP, 1903 OR EARLIER

IN HER OWN WORDS

How we checked every line

A free book from The 369 Rabbit Hole, 369rabbithole.com. Real vs legend, checked.

Every quotation in this book is Florence Scovel Shinn's own wording, copied from the three books she published in her lifetime. The Game of Life and How to Play It came out in 1925, Your Word Is Your Wand in 1928, and The Secret Door to Success in 1940. All three are public domain in the United States. We quote them from the transcriptions at sacred-texts.com, made in November 2007, whose editor notes that none of the three had its copyright renewed in time.

Under every quotation you will find the book and the chapter it comes from, so you can open your own copy and read the lines around it. We matched each quotation against the text by script, word for word, before this book went out. Where a transcription carries an old spelling or a slip, we left it as printed.

A fourth book, The Power of the Spoken Word, was published in 1945, five years after she died. We could not confirm that it is in the public domain, so nothing in these pages comes from it. The same goes for The Magic Path of Intuition, which Hay House published in 2013 from a typewritten manuscript.

Shinn wrote as a teacher of what she called spiritual law, and she tells her readers again and again that it works. We do not make that claim. This book sets out what she taught, in her words, and how she said to use it. Her stories of money arriving or a lover returning come from her own classes and carry no names or dates, so nobody can check them now. Read them as her teaching.

IN HER OWN WORDS

Introduction

Who she was

Florence Scovel was born in Camden, New Jersey, on September 24, 1871. She studied at the Pennsylvania Academy of the Fine Arts in Philadelphia, where she met the painter Everett Shinn. They married in 1898 and divorced in 1912.

For the first part of her working life she was an illustrator. Her drawings ran in magazines such as Harper's and The Century, and she illustrated popular novels of the day. Only in her fifties did she publish the first of her books on what she called the game of life. By then she was teaching classes in New York, giving what she called treatments, and answering letters from readers. Her books mention her classes, her meetings, her question and answer classes and a correspondence course.

She died at her home in New York on October 17, 1940. The New York Times called her a writer and lecturer who specialized in metaphysics and was also known as an illustrator.

The three books

The Game of Life and How to Play It (1925) is the long explanation, about 21,300 words in ten chapters. It sets out her rules, her methods and dozens of short case stories. She writes "for example" 51 times in it.

Your Word Is Your Wand (1928) is the toolbox. She says it was written by popular demand as a sequel to the first book, and most of its 8,800 words are affirmations sorted under headings like Success, Prosperity, Love, Faith and Guidance. We count 222 of them, taking each block between her dividing rules as one.

The Secret Door to Success (1940) is the late book, about 20,800 words in 14 chapters, written in a looser, chattier voice. It leans hardest on intuition: the word appears 19 times there, against 7 times in the 1925 book.

How to use this book

The chapters follow what people come to her for: money, love, health, work, guidance, fear and letting go. The first two chapters come first for a reason. Nearly every affirmation later in the book leans on a rule or a method set out there, and her own instructions for using them are short and specific.

Each chapter gives her teaching in her words, then a list of her affirmations on that subject. At the back you will find a morning list and an evening list, her books in order, and a chapter on popular Shinn quotes that do not appear in her books.

LEVEL 01 / 10

01

The rules

Her first book sets out a handful of rules, and every method and affirmation later in this book leans on them. Here they are in her words.

DOWN HERE

- Life is a game
- What goes out comes back
- Three departments of the mind
- The imaging faculty
- The power of the word
- Expect it and prepare for it
- The square of life

IN HER OWN WORDS

01.01

Life is a game

IN SHORT

Her first book opens with the image that gave it its title.

HER WORDS

> Most people consider life a battle, but it is not a battle, it is a game.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 1, THE GAME

> It is a game, however, which cannot be played successfully without the knowledge of spiritual law, and the Old and the New Testaments give the rules of the game with wonderful clearness. Jesus Christ taught that it was a great game of Giving and Receiving.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 1, THE GAME

She read the Bible as a handbook of the mind. Jesus is named 43 times across her three books, and most of her rules arrive with a verse attached.

01.02

What goes out comes back

IN SHORT

The first rule is return. Whatever a person sends out in thought, word or act comes back to them.

HER WORDS

> If he gives hate, he will receive hate; if he gives love, he will receive love; if he gives criticism, he will receive criticism; if he lies he will be lied to; if he cheats he will be cheated.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 1, THE GAME

> Man receives only that which he gives. The Game of Life is a game of boomerangs. Man's thoughts, deeds and words, return to him sooner or later, with astounding accuracy.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 5, THE LAW OF KARMA AND THE LAW OF FORGIVENESS

> What man says of others will be said of him, and what he wishes for another, he is wishing for himself.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 3, THE POWER OF THE WORD

She calls this the law of Karma, and she sets a second law above it, the law of grace or forgiveness, which you will meet in chapter 9.

01.03

Three departments of the mind

IN SHORT

Her picture of the mind has three parts, and almost every method she teaches is a way of moving something from one part to another.

HER WORDS

> There are three departments of the mind, the subconscious, conscious and superconscious. The subconscious, is simply power, without direction. It is like steam or electricity, and it does what it is directed to do; it has no power of induction.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 1, THE GAME

> Whatever man feels deeply or images clearly, is impressed upon the subconscious mind, and carried out in minutest detail.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 1, THE GAME

> The conscious mind has been called mortal or carnal mind.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 1, THE GAME

> The superconscious mind is the God Mind within each man, and is the realm of perfect ideas.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 1, THE GAME

The subconscious is the one she talks about most. The word comes up 77 times in her three books, 56 of them in the first. Because it takes orders without judging them, she warns that it takes jokes literally too.

> We found she had often tired of the management of her home, and had said repeatedly, "I'm sick and tired of things--I wish I lived in a trunk," and she added: "Today I am living in that trunk." She had spoken herself into a trunk. The subconscious mind has no sense of humor and people often joke themselves into unhappy experiences.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 1, THE GAME

01.04

The imaging faculty

HER WORDS

> So we see, to play successfully the game of life, we must train the imaging faculty.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 1, THE GAME

> The imagination has been called, "The Scissors of The Mind, "and it is ever cutting, cutting, day by day, the pictures man sees there, and sooner or later he meets his own creations in his outer world.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 1, THE GAME

People who come to Shinn from modern visualization advice are often surprised that she warns against forcing a picture. She wanted the picture to arrive by itself.

> Never force a picture by visualizing; let the Divine Idea flash into your conscious mind; then the student is working according to the Divine Design.
>
> YOUR WORD IS YOUR WAND, 1928, YOUR WORD IS YOUR WAND

> Visualizing is a mental process governed by the reasoning or conscious mind; visioning is a spiritual process, governed by intuition, or the superconscious mind.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 10, DENIALS AND AFFIRMATIONS

01.05

The power of the word

IN SHORT

Her second book takes its title from this rule.

HER WORDS

> Man's word is his wand filled with magic and power!
>
> YOUR WORD IS YOUR WAND, 1928, YOUR WORD IS YOUR WAND

> A person knowing the power of the word, becomes very careful of his conversation. He has only to watch the reaction of his words to know that they do "not return void." Through his spoken word, man is continually making laws for himself.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 3, THE POWER OF THE WORD

Her example is a father and daughter waiting for streetcars.

> I knew a man who said, "I always miss a car. It invariably pulls out just as I arrive."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 3, THE POWER OF THE WORD

> His daughter said: "I always catch a car. It's sure to come just as I get there." This occurred for years. Each had made a separate law for himself, one of failure, one of success.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 3, THE POWER OF THE WORD

01.06

Expect it and prepare for it

IN SHORT

Expectation is the hinge of her system. In 1940 she put it in four words.

HER WORDS

> Faith is expectancy, "According to your faith, be it unto you."
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 4, WHAT DO YOU EXPECT?

> Change your expectancies and you change your conditions.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 4, WHAT DO YOU EXPECT?

> Man can only receive what he sees himself receiving.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 2, THE LAW OF PROSPERITY

She held that preparing for something is a form of expecting it, and that this cuts both ways.

> If one asks for success and prepares for failure, he will get the situation he has prepared for.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 2, THE LAW OF PROSPERITY

> Man must prepare for the thing he has asked for, when there isn't the slightest sign of it in sight.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 2, THE LAW OF PROSPERITY

01.07

The square of life

IN SHORT

What is the game for? Her answer is four things together, which she calls the square of life.

HER WORDS

> The perfect plan includes health, wealth, love and perfect self-expression. This is the square of life, which brings perfect happiness.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 9, PERFECT SELF-EXPRESSION OR THE DIVINE DESIGN

Her first book closes by boiling the rules down to one line.

> The simple rules are fearless faith, nonresistance and love!
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 10, DENIALS AND AFFIRMATIONS

02

Her methods

Shinn gave instructions as well as ideas. This chapter collects them in the order a reader would use them, each in her words.

DOWN HERE

- Speak the word
- Word it with care
- Deny first, then affirm
- Cast the burden
- Infinite Spirit, open the way
- Ask for a lead
- Dig your ditches
- Do not resist
- Bless it and give thanks
- Ask for the Divine Design
- Add "under grace in a perfect way"
- Keep it to yourself

02.01

Speak the word

IN SHORT

An affirmation, in her books, is a short statement said aloud or silently as if the good thing were already true. She tells you when to start.

HER WORDS

> Make an affirmation immediately upon waking.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 4, THE LAW OF NONRESISTANCE

> "Thy will be done this day! Today is a day of completion; I give thanks for this perfect day, miracle shall follow miracle and wonders shall never cease."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 4, THE LAW OF NONRESISTANCE

She also tells you to choose your own wording, and to drop any statement that leaves you cold.

> However, one should never use an affirmation unless it is absolutely satisfying and convincing to his own consciousness, and often an affirmative is changed to suit different people.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 4, THE LAW OF NONRESISTANCE

> As I always say, take a statement which "clicks," that means, gives you a feeling of security.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 13, RIVERS IN THE DESERT

> Choose the affirmation which appeals to you the most and wave it over the situation which confronts you.
>
> YOUR WORD IS YOUR WAND, 1928, CONCLUSION

Why repeat it? Her 1940 answer is practical.

> The reason it is necessary to make an affirmation is because repetition impresses the subconscious. You cannot control your thoughts at first, but you can control your words
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 10, I SHALL NEVER WANT

> It would not be necessary to make an affirmation more than once if one had perfect faith! One should not plead or supplicate, but give thanks repeatedly, that he has received.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 10, DENIALS AND AFFIRMATIONS

HOW SHE SAID TO USE IT

1. Make an affirmation the moment you wake up.
2. Pick a statement that clicks for you, and change the wording until it convinces you.
3. Repeat it, aloud or silently, giving thanks as if it were already done.
4. Do not plead or beg. She counted thanks as the stronger form.

02.02

Word it with care

HER WORDS

> Every affirmation must be carefully worded and completely "cover the ground."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 4, THE LAW OF NONRESISTANCE

Her warning story is about a woman who asked for work and got it.

> For example: I knew a woman, who was in great need, and made a demand for work. She received a great deal of work, but was never paid anything. She now knows to add, "wonderful service for wonderful pay."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 4, THE LAW OF NONRESISTANCE

HOW SHE SAID TO USE IT

1. Ask for the right thing, never a named person or place.
2. Cover the whole ground, including the pay or the terms.
3. End with "under grace in a perfect way."

02.03

Deny first, then affirm

IN SHORT

A denial, in her usage, is a statement that a bad condition has no reality in what she calls Divine Mind. She uses the verb "deny" nine times across the three books and the noun only twice, yet the closing chapter of her first book is titled Denials and Affirmations. Her rule for using them is one line.

HER WORDS

> One should always follow a denial with an affirmation.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 10, DENIALS AND AFFIRMATIONS

Her clearest example is a lost silver pencil. Notice the shape: a denial ("I deny loss"), a reason ("there is no loss in Divine Mind"), then the affirmation.

> She denied loss, taking the affirmation: "I deny loss, there is no loss in Divine Mind, therefore I cannot lose that pencil. I will receive it or its equivalent."
>
> YOUR WORD IS YOUR WAND, 1928, LOSS

HOW SHE SAID TO USE IT

1. Deny the condition, as in "I deny loss" or "I deny debt."
2. Give her reason, that there is no loss or debt in Divine Mind.
3. Follow it at once with the affirmation of what you expect.

02.04

Cast the burden

IN SHORT

This is the method she says she used most herself.

HER WORDS

> In my own case, I found the easiest way is in "casting the burden."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 6, CASTING THE BURDEN

The burden is whatever is weighing on you, and you hand it to what she calls the Christ within, her name for the superconscious. The statement is short.

> She said it came to her to repeat, "I cast this burden on the Christ within, and I go free."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 6, CASTING THE BURDEN

Her instructions on how to say it are unusually precise.

> The statement should be made over and over and over, sometimes for hours at a time, silently or audibly, with quietness but determination.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 6, CASTING THE BURDEN

> I have often compared it to winding-up a victrola. We must wind ourselves up with spoken words.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 6, CASTING THE BURDEN

> In steadily repeating the affirmation, "I cast this burden on the Christ within, and go free," the vision clears, and with it a feeling of relief, and sooner or later comes the manifestation of good, be it health, happiness or supply.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 6, CASTING THE BURDEN

HOW SHE SAID TO USE IT

1. Name the burden: lack, resentment, a decision, a worry.
2. Say "I cast this burden on the Christ within, and I go free," naming the burden if you like.
3. Repeat it over and over, silently or aloud, quietly but with determination, for hours if needed.
4. Watch for the relief and clearer view she says comes before anything changes outside.

02.05

Infinite Spirit, open the way

IN SHORT

This is her best-known opening line. The exact words "Infinite Spirit, open the way" appear six times in her books, and "Infinite Spirit" on its own 15 times.

She used it to ask for the right thing, never a named one.

HER WORDS

> For example: "Infinite Spirit, open the way for my right home, my right friend, my right position. I give thanks it now manifests under grace in a perfect way."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 10, DENIALS AND AFFIRMATIONS

> Never ask for just "a position"; ask for the right position, the place already planned in Divine Mind, as it is the only one that will give satisfaction.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 8, INTUITION OR GUIDANCE

HOW SHE SAID TO USE IT

1. Begin with "Infinite Spirit, open the way for."
2. Ask for the right home, friend, position or supply, not a named one.
3. Close with thanks, as in "I give thanks it now manifests under grace in a perfect way."

02.06

Ask for a lead

IN SHORT

After speaking the word, she tells students to wait for a sign of what to do next, which she calls a lead.

HER WORDS

> Demand the lead, saying, "Infinite Spirit, reveal to me the way, let me know if there is anything for me to do."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 8, INTUITION OR GUIDANCE

> The answer will come through intuition (or hunch); a chance remark from someone, or a passage in a book, etc., etc.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 8, INTUITION OR GUIDANCE

Chapter 7 of this book is given to leads and hunches.

HOW SHE SAID TO USE IT

1. After speaking the word, ask for a definite lead.
2. Wait until a lead comes before acting.
3. When it comes, follow it. The Guidance chapter gives her rules in full.

02.07

Dig your ditches

IN SHORT

Her phrase for acting as if comes from a Bible story in which three kings are told to dig ditches in a dry valley before any rain. Her version is a woman hunting for an apartment in a year when New York had almost none to rent.

HER WORDS

> She promptly replied (to herself): "I'll dig my ditches by buying the blankets!" So she prepared for the apartment--acted as though she already had it.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 2, THE LAW OF PROSPERITY

> Hope looks forward, Faith knows it has already received and acts accordingly.
>
> YOUR WORD IS YOUR WAND, 1928, FAITH

A student once tried to catch her out on this, and her answer became one of her best jokes.

> A man in my class, whom I called "the life of the party," because he always tried to find a question I couldn't answer, but he never succeeded, asked: "Why is it then, a lot of women who prepare Hope Chests never get married?" I replied: "Because it is a Hope Chest and not a Faith Chest."
>
> YOUR WORD IS YOUR WAND, 1928, FAITH

HOW SHE SAID TO USE IT

1. Name what you have asked for.
2. Do one concrete thing you would do if it were already on its way, such as buying the blankets.
3. Keep it quiet until it happens.

02.08

Do not resist

HER WORDS

> Nothing on earth can resist an absolutely nonresistant person.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 4, THE LAW OF NONRESISTANCE

> So long as man resists a situation, he will have it with him. If he runs away from it, it will run after him.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 4, THE LAW OF NONRESISTANCE

> That means, agree that the adverse situation is good, be undisturbed by it, and it falls away of its own weight. "None of these things move me," is a wonderful affirmation.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 4, THE LAW OF NONRESISTANCE

Her students worried that this meant being walked on, and she had an answer ready.

> My students have often said: "I don't want to be a door-mat." I reply "when you use nonresistance with wisdom, no one will ever be able to walk over you."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 4, THE LAW OF NONRESISTANCE

HOW SHE SAID TO USE IT

1. Stop fighting the situation in your thoughts.
2. Agree that it is good, and stay undisturbed.
3. Use her statement "None of these things move me."

02.09

Bless it and give thanks

HER WORDS

> "Bless your enemy, and you rob him of his ammunition." His arrows will be transmuted into blessings.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 4, THE LAW OF NONRESISTANCE

> Make the statement, "Every man is a golden link in the chain of my good," for all men are God in manifestation, awaiting the opportunity given by man, himself, to serve the divine plan of his life.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 4, THE LAW OF NONRESISTANCE

> So prayer is command and demand, praise and thanksgiving.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 10, DENIALS AND AFFIRMATIONS

> Praise and thanksgiving open the gates, for expectancy always wins.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 9, THE WAY OF ABUNDANCE

HOW SHE SAID TO USE IT

1. Bless the person or the situation that seems to block you.
2. Say "Every man is a golden link in the chain of my good."
3. Give thanks in advance, as though it were done.

02.10

Ask for the Divine Design

IN SHORT

Her biggest request is for the plan of a whole life, which she calls the Divine Design. The phrase appears 20 times across her books.

HER WORDS

> There is for each man, perfect self-expression. There is a place which he is to fill and no one else can fill, something which he is to do, which no one else can do; it is his destiny!
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 9, PERFECT SELF-EXPRESSION OR THE DIVINE DESIGN

> His demand should be: "Infinite Spirit, open the way for the Divine Design of my life to manifest; let the genius within me now be released; let me see clearly the perfect plan."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 9, PERFECT SELF-EXPRESSION OR THE DIVINE DESIGN

HOW SHE SAID TO USE IT

1. Ask with her statement for the Divine Design of your life.
2. Do not force a picture. Wait for flashes of inspiration.
3. Ask for definite leads and follow them.

02.11

Add "under grace in a perfect way"

IN SHORT

The tag she puts at the end of so many statements is a safety clause. "Under grace" appears 42 times across her three books, 24 of them in Your Word Is Your Wand. Her reason is one of the bleakest stories in her books.

HER WORDS

> The latter part of the statement is most important. For example: I knew a woman who demanded a thousand dollars. Her daughter was injured and they received a thousand dollars indemnity, so it did not come in a "perfect way."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 10, DENIALS AND AFFIRMATIONS

> The demand should have been worded in this way: "Infinite Spirit, I give thanks that the one thousand dollars, which is mine by divine right, is now released, and reaches me under grace, in a perfect way."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 10, DENIALS AND AFFIRMATIONS

HOW SHE SAID TO USE IT

1. Add "under grace in a perfect way" to the end of every request, so that it comes without harm to anyone.

02.12

Keep it to yourself

HER WORDS

> The student should never talk of a demonstration until it "has jelled," or comes to pass on the external.
>
> YOUR WORD IS YOUR WAND, 1928, FAITH

A demonstration, in her vocabulary, is the thing asked for showing up in the world.

HOW SHE SAID TO USE IT

1. Do not talk about what you have asked for until it has happened.

03

Money

Money is the subject she returns to most. The word appears 106 times across her three books and "dollars" 71 times, usually in a story where a sum is needed by a date. Her starting point is that supply already exists and has to be released.

DOWN HERE

- What she taught about money
- Paying, giving and receiving
- The magic purse
- The woman with eight dollars and a hunch
- Debt
- Her money affirmations
- Debts, sales and envy

IN HER OWN WORDS

03.01

What she taught about money

HER WORDS

> Man comes into the world financed by God, with all that he desires or requires already on his pathway.
>
> YOUR WORD IS YOUR WAND, 1928, PROSPERITY

> I told her God was her supply, and that there is a supply for every demand.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 2, THE LAW OF PROSPERITY

> The spiritual attitude toward money is to trust in God for your supply.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 3, AND FIVE OF THEM WERE WISE

She had no patience for people who looked down on money, artists included, though she had been one.

> No man can attract money if he despises it. Many people are kept in poverty by saying: "Money means nothing to me, and I have a contempt for people who have it."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 7, LOVE

> This is the reason so many artists are poor. Their contempt for money separates them from it.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 7, LOVE

She was just as hard on hoarding.

> Money is God in manifestation, as freedom from want and limitation, but it must be always kept in circulation and put to right uses. Hoarding and saving react with grim vengeance.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 7, LOVE

> We hear people say, "I must put away money in case of illness." They are deliberately preparing to be ill. Or, "I'm saving for a rainy day." The rainy day is sure to come, at a most inconvenient time.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 3, AND FIVE OF THEM WERE WISE

03.02

Paying, giving and receiving

HER WORDS

> Bills should be paid cheerfully; all money should be sent forth fearlessly and with a blessing.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 8, INTUITION OR GUIDANCE

> Giving opens the way for receiving. In order to create activity in finances, one should give.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 8, INTUITION OR GUIDANCE

She also warned about the opposite habit, the person who gives freely and refuses every gift.

> Some people are cheerful givers, but bad receivers. They refuse gifts through pride, or some negative reason, thereby blocking their channels, and invariably find themselves eventually with little or nothing.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 9, PERFECT SELF-EXPRESSION OR THE DIVINE DESIGN

> The Lord loveth a cheerful receiver, as well as a cheerful giver.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 9, PERFECT SELF-EXPRESSION OR THE DIVINE DESIGN

03.03

The magic purse

IN SHORT

Her most vivid money statement came from a woman who arrived with two dollars.

HER WORDS

> I said: "We bless the two dollars and know that you have the magic purse of the Spirit; it can never be depleted; as money goes out, immediately money comes in, under grace in perfect ways.
>
> YOUR WORD IS YOUR WAND, 1928, YOUR WORD IS YOUR WAND

> I see it always crammed, jammed with money: yellow bills, green bills, pink checks, blue checks, white checks, gold, silver and currency. I see it bulging with abundance!"
>
> YOUR WORD IS YOUR WAND, 1928, YOUR WORD IS YOUR WAND

She explains why the wording matters: "crammed, jammed" puts a picture in the mind that a dry phrase would not.

> The affirmation of the magic purse is very powerful, as it brings a vivid picture to the mind. It is impossible not to see your purse or wallet filled with money when using the words, "crammed, jammed."
>
> YOUR WORD IS YOUR WAND, 1928, YOUR WORD IS YOUR WAND

Twelve years later she gave the purse as a full statement of its own.

> So I made the statement: My supply comes from God--I have the magic purse of the spirit. It can never be depleted. As money goes out, immediately money comes in. It is always crammed, jammed with abundance, under grace, in perfect ways.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 3, AND FIVE OF THEM WERE WISE

03.04

The woman with eight dollars and a hunch

IN SHORT

This is the story she seems proudest of, and it shows three of her methods at once: blessing what you have, following a hunch, and speaking the word.

HER WORDS

> I said, "Good, we'll bless the eight dollars and multiply them as Jesus Christ multiplied the loaves and the fishes," for He taught that every man had the power to bless and to multiply, to heal and to prosper.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 1, THE GAME

> I replied, "Then go home--never violate a hunch." I spoke the following words for her: "Infinite Spirit open the way for great abundance for -- --. She is an irresistible magnet for all that belongs to her by divine right."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 1, THE GAME

> She has said to me often, "Tell people about the woman who came to you with eight dollars and a hunch."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 1, THE GAME

The blank in the middle is where she spoke the woman's name. Readers who use the statement for themselves usually change it to the first person, as she does in her 1928 version: "Infinite Spirit, open the way for my great abundance. I am an irresistible magnet for all that belongs to me by Divine Right." That version is in Your Word Is Your Wand, under Prosperity.

03.05

Debt

IN SHORT

She treated debt as a belief to be changed, on both sides of the ledger.

HER WORDS

> If a man is in debt or people owe him money, it shows that a belief of debt is in his subconscious mind.
>
> YOUR WORD IS YOUR WAND, 1928, DEBT

03.06

Her money affirmations

HER WORDS

> God is my unfailing supply, and large sums of money come to me quickly, under grace, in perfect ways.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 10, DENIALS AND AFFIRMATIONS

> I now draw from the abundance of the spheres my immediate and endless supply. All channels are free! All doors are open!
>
> YOUR WORD IS YOUR WAND, 1928, PROSPERITY

> I now release the gold-mine within me. I am linked with an endless golden stream of prosperity which comes to me under grace in perfect ways.
>
> YOUR WORD IS YOUR WAND, 1928, PROSPERITY

> My God is a God of plenty and I now receive all that I desire or require, and more.
>
> YOUR WORD IS YOUR WAND, 1928, PROSPERITY

> All that is mine by Divine Right is now released and reaches me in great avalanches of abundance, under grace in miraculous ways.
>
> YOUR WORD IS YOUR WAND, 1928, PROSPERITY

> My supply is endless, inexhaustible and immediate and comes to me under grace in perfect ways.
>
> YOUR WORD IS YOUR WAND, 1928, PROSPERITY

> Unexpected doors fly open, unexpected channels are free, and endless avalanches of abundance are poured out upon me, under grace in perfect ways.
>
> YOUR WORD IS YOUR WAND, 1928, PROSPERITY

> I spend money under direct inspiration wisely and fearlessly, knowing my supply is endless and immediate.
>
> YOUR WORD IS YOUR WAND, 1928, PROSPERITY

> I am fearless in letting money go out, knowing God is my immediate and endless supply.
>
> YOUR WORD IS YOUR WAND, 1928, PROSPERITY

> I am an irresistible magnet for checks, bills and currency--for everything that belongs to me by Divine Right.
>
> YOUR WORD IS YOUR WAND, 1928, MISCELLANEOUS

> The law of God is the law of increase and I give thanks for increase under grace in perfect ways.
>
> YOUR WORD IS YOUR WAND, 1928, MISCELLANEOUS

> I dwell in a sea of abundance. I see clearly my inexhaustible supply. I see clearly just what to do.
>
> YOUR WORD IS YOUR WAND, 1928, MISCELLANEOUS

> For example take this statement: I call on the law of accumulation. My supply comes from God, and now pours in and piles up, under grace.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 3, AND FIVE OF THEM WERE WISE

> Take a vital statement of Truth. For example, if your problem is a financial one, say: "My supply comes from God, and big happy financial surprises now come to me, under grace, in perfect ways."
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 7, CROSSING YOUR RED SEA

> I have a student who has attracted great success by making the statement: "I am the daughter of the King! My rich Father now pours out his abundance upon me: I am the daughter of the King! Everything makes way for me."
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 9, THE WAY OF ABUNDANCE

03.07

Debts, sales and envy

IN SHORT

For debts owed to you, and debts you owe:

HER WORDS

> I deny debt, there is no debt in Divine Mind, no man owes me anything, all is squared. I send forth love and forgiveness.
>
> YOUR WORD IS YOUR WAND, 1928, DEBT

> I deny debt, there is no debt in Divine Mind, therefore, I owe no man anything. All obligations are now wiped out under grace in a miraculous way.
>
> YOUR WORD IS YOUR WAND, 1928, DEBT

For selling something:

> I give thanks that this article (or property) is now sold to the right person or persons for the right price, giving perfect satisfaction.
>
> YOUR WORD IS YOUR WAND, 1928, SALES

For envy of someone else's luck, which she said blocks your own:

> If you should happen to be resentful and envious, take the statement; What God has done for others He now does for me and more!
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 2, BRICKS WITHOUT STRAW

LEVEL 04 / 10

04

Love

"Love" appears 84 times in her books, and 64 of those are in the first one, which gives the subject a full chapter. Her advice in it is close to the opposite of chasing someone.

DOWN HERE

- Real love
- Ask for the right person, not a named one
- The Captain
- Active faith in a separation
- Marriage
- Her love affirmations

04.01

Real love

HER WORDS

> Real love is selfless and free from fear. It pours itself out upon the object of its affection, without demanding any return. Its joy is in the joy of giving.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 7, LOVE

> Jealousy is the worst enemy of love, for the imagination runs riot, seeing the loved one attracted to another, and invariably these fears objectify if they are not neutralized.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 7, LOVE

04.02

Ask for the right person, not a named one

IN SHORT

She refused to "speak the word" for a particular man. She would only ask for the right one, whom she called the divine selection.

HER WORDS

> For example: A woman came to me and asked me to "speak the word" that she would marry a certain man with whom she was very much in love. (She called him A. B.)
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 1, THE GAME

> I replied that this would be a violation of spiritual law, but that I would speak the word for the right man, the "divine selection," the man who belonged to her by divine right.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 1, THE GAME

> I added, "If A. B. is the right man you can't lose him, and if he isn't, you will receive his equivalent."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 1, THE GAME

In her telling, the woman lost interest in A. B. and met someone else. Shinn calls this the law of substitution.

04.03

The Captain

IN SHORT

Her longest love story is about a woman whose man had left her for other women. It is worth reading for the turn in the middle.

HER WORDS

> I replied, "You are not loving that man, you are hating him," and added, "You can never receive what you have never given. Give a perfect love and you will receive a perfect love. Perfect yourself on this man. Give him a perfect, unselfish love, demanding nothing in return, do not criticise or condemn, and bless him wherever he is."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 7, LOVE

> She replied, "No, I won't bless him unless I know where he is!"
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 7, LOVE

Shinn then told her about a greeting used, she said, by a brotherhood in India, and gave her a statement to use on the man.

> I said, "Salute the divinity in this man, and say, 'I see your divine self only. I see you as God sees you, perfect, made in His image and likeness.'"
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 7, LOVE

> One day, she said, suddenly, "God bless the Cap wherever he is."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 7, LOVE

In the story they marry within weeks. As with all her stories, there are no names to check.

04.04

Active faith in a separation

HER WORDS

> She showed active faith by arranging a place for him at the table every day; thereby impressing the subconscious with a picture of his return. Over a year passed, but she never wavered, and one day he walked in.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 6, CASTING THE BURDEN

04.05

Marriage

IN SHORT

Her short section on marriage in the 1928 book is very much of its decade. It tells wives to keep pace with their husbands' rising tastes, and readers today will take or leave that as they like. The opening line is the part people quote.

HER WORDS

> Unless marriage is built upon the rock of oneness it cannot stand; "Two souls with but a single thought, two hearts that beat as one."
>
> YOUR WORD IS YOUR WAND, 1928, MARRIAGE

> There is for each person his "other half' or divine selection.
>
> YOUR WORD IS YOUR WAND, 1928, MARRIAGE

04.06

Her love affirmations

IN SHORT

She introduces them with a note on fear. In her view most women carry the picture of "the other woman," and these statements are meant to replace it.

HER WORDS

> It is usually very difficult for a woman to see herself loved by the man she loves, so these affirmations are to impress the truth of the situation upon her subconscious mind, for in reality there is only oneness.
>
> YOUR WORD IS YOUR WAND, 1928, LOVE

> As I am one with God, the Undivided One, I am one with my undivided love and undivided happiness.
>
> YOUR WORD IS YOUR WAND, 1928, LOVE

> The Light of the Christ within now wipes out all fear, doubt, anger and resentment. God's love pours through me, an irresistible magnetic current. I see only perfection and draw to me my own.
>
> YOUR WORD IS YOUR WAND, 1928, LOVE

> Divine Love, through me, now dissolves all seeming obstacles and makes clear, easy and successful my way.
>
> YOUR WORD IS YOUR WAND, 1928, LOVE

> I love everyone and everyone loves me. My apparent enemy becomes my friend, a golden link in the chain of my good.
>
> YOUR WORD IS YOUR WAND, 1928, LOVE

> I give thanks that the marriage made in heaven is now made manifest upon earth. "The twain shall be made one" now and for all eternity.
>
> YOUR WORD IS YOUR WAND, 1928, MARRIAGE

> She made this statement: "There is no separation in Divine Mind, therefore, I cannot be separated from the love and companionship which are mine by divine right."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 6, CASTING THE BURDEN

> I am harmonious, happy and Divinely magnetic, and now draw to me my ships over a calm sea.
>
> YOUR WORD IS YOUR WAND, 1928, HAPPINESS

> My heart's desire is a perfect idea in Divine Mind, incorruptible and indestructible, and now comes to pass, under grace in a magical way.
>
> YOUR WORD IS YOUR WAND, 1928, HAPPINESS

05

Health

This chapter reports what Shinn wrote about health between 1925 and 1940. It is not medical advice, and we make no claim that any statement here heals anything. If you are unwell, see a doctor.

DOWN HERE

- Read this first
- What she taught
- Her general health affirmations

05.01

Read this first

IN SHORT

Shinn believed that the body follows the mind, and she says so plainly. Her books tie particular illnesses to particular emotions, such as criticism to rheumatism and fear to heart trouble. Those are her claims, written in the 1920s, and medicine does not support them. Your Word Is Your Wand has short sections headed Eyes, Anaemia, Ears, Rheumatism, False Growths and Heart Disease, each with a statement written as a remedy. We have left those out for that reason.

What follows is her general teaching on calm and well-being, and her general Health affirmations.

05.02

What she taught

HER WORDS

> When man is harmonious and happy he is healthy!
>
> YOUR WORD IS YOUR WAND, 1928, HEALTH

> Happiness and health must be earned by absolute control of the emotional nature.
>
> YOUR WORD IS YOUR WAND, 1928, YOUR WORD IS YOUR WAND

> Power moves but is never moved. When man stands calm and serene, has a good appetite, feels contented and happy when appearances are against him, he has reached mastery.
>
> YOUR WORD IS YOUR WAND, 1928, YOUR WORD IS YOUR WAND

She had a sharp eye for worry that simply changes address. In The Way of Abundance she describes a family that stopped fretting about money once it

came in.

> They no longer worried about money, so they shifted their worries to health.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 9, THE WAY OF ABUNDANCE

Her answer to worry of any kind was the same method she used for money, casting the burden. Chapter 2 gives it in her words.

05.03

Her general health affirmations

HER WORDS

> Divine Love floods my consciousness with health, and every cell in my body is filled with light.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 10, DENIALS AND AFFIRMATIONS

> I deny fatigue, for there is nothing to tire me. I live in the Kingdom of eternal joy and absorbing interests.
>
> YOUR WORD IS YOUR WAND, 1928, HEALTH

> I live in the wonderful now, birthless and deathless! I am one with The One!
>
> YOUR WORD IS YOUR WAND, 1928, HEALTH

> Thou in me art: Eternal joy. Eternal youth. Eternal wealth. Eternal health. Eternal love. Eternal life.
>
> YOUR WORD IS YOUR WAND, 1928, HEALTH

> I am a Spiritual Being--my body is perfect, made in His likeness and image. The Light of the Christ now streams through every cell. I give thanks for my radiant health.
>
> YOUR WORD IS YOUR WAND, 1928, HEALTH

> Rhythm, harmony and balance are now established in my mind, body and affairs.
>
> YOUR WORD IS YOUR WAND, 1928, SUCCESS

LEVEL 06 / 10

06

Work

Her work advice runs from loving the job to rhymes for pay, and it covers interviews, rivals, exams and stage fright.

DOWN HERE

- Her view of work
- The rhyme for work
- The open door that is nailed back
- Meetings, interviews and rivals
- Decisions, exams and stage fright
- Her success affirmations
- Affirmations for interviews

IN HER OWN WORDS

06.01

Her view of work

HER WORDS

> No man is a success in business unless he loves his work. The picture the artist paints for love (of his art) is his greatest work. The pot-boiler is always something to live down.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 7, LOVE

> Taking an interest in your work, enjoying what you are doing opens the secret door to success.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 1, THE SECRET DOOR TO SUCCESS

> Success is not a secret, it is a System.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 1, THE SECRET DOOR TO SUCCESS

> The road to success is a straight and narrow path; it is a road of loving absorption, of undivided attention.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 1, THE SECRET DOOR TO SUCCESS

> Nearly every big success is built upon a failure.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 10, I SHALL NEVER WANT

06.02

The rhyme for work

IN SHORT

This is probably the most copied Shinn affirmation, and she tells how it came about. She gave a student two lines, and the student wrote the other two.

HER WORDS

> "I have a wonderful work, in a wonderful way, I give wonderful service, for wonderful pay!"
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 4, THE LAW OF NONRESISTANCE

> It made a most powerful statement, as there should always be perfect payment for perfect service, and a rhyme sinks easily into the subconscious.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 4, THE LAW OF NONRESISTANCE

She printed two more versions. A businessman swapped "work" for "business," and in 1928 she offered a "magical" one.

> I have a magical work in a magical way, I give magical service for magical pay.
>
> YOUR WORD IS YOUR WAND, 1928, SUCCESS

> I have a perfect work In a perfect way; I give a perfect service For perfect pay.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 10, DENIALS AND AFFIRMATIONS

06.03

The open door that is nailed back

HER WORDS

> I gave him the statement: "Behold I have set before thee the open door of destiny and no man shall shut it!"
>
> YOUR WORD IS YOUR WAND, 1928, SUCCESS

> It didn't seem to make much impression, so I was inspired to add: "And no man shall shut it for it is nailed back!"
>
> YOUR WORD IS YOUR WAND, 1928, SUCCESS

The story is a good example of her rule that a statement has to "click." The first version left the man cold, and the added picture of a door nailed open is what reached him, she says.

06.04

Meetings, interviews and rivals

IN SHORT

When a man came to her after a bank had turned him down, her first words were about his temper.

HER WORDS

> I replied: "I suppose you lost your temper while at the bank, therefore your power. You can control any situation if you first control yourself."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 2, THE LAW OF PROSPERITY

> My treatment was: "You are identified in love with the spirit of everyone connected with the bank. Let the divine idea come out of this situation."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 2, THE LAW OF PROSPERITY

For a salesman facing a rival with a better machine, she told him to bless the rival and give up the need to win.

> That is, the right machine will be sold, by the right man, to the right man."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 3, THE POWER OF THE WORD

06.05

Decisions, exams and stage fright

HER WORDS

> Indecision is a stumbling-block in many a pathway. In order to overcome it, make the statement, repeatedly, "I am always under direct inspiration; I make right decisions, quickly."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 8, INTUITION OR GUIDANCE

> I told him to make the statement: "I am one with Infinite Intelligence. I know everything I should know on this subject."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 9, PERFECT SELF-EXPRESSION OR THE DIVINE DESIGN

That schoolboy, she says, used it for arithmetic and passed with honors, then skipped it for history because he felt sure of himself, and got a poor mark. She tells it as a warning against trusting personal will.

> Often fear stands between man and his perfect self-expression. Stage-fright has hampered many a genius. This may be overcome by the spoken word, or treatment.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 9, PERFECT SELF-EXPRESSION OR THE DIVINE DESIGN

06.06

Her success affirmations

HER WORDS

> The decks are now cleared for Divine Action and my own comes to me under grace in a magical way.
>
> YOUR WORD IS YOUR WAND, 1928, SUCCESS

> My seeming impossible good now comes to pass, the unexpected now happens!
>
> YOUR WORD IS YOUR WAND, 1928, SUCCESS

> I give thanks for my whirlwind success. I sweep all before me for I work with the Spirit and follow the Divine Plan of my life.
>
> YOUR WORD IS YOUR WAND, 1928, SUCCESS

> My Spiritual Sporting blood is up! I am more than equal to this situation.
>
> YOUR WORD IS YOUR WAND, 1928, SUCCESS

> I am awake to my good, and gather in the harvest of endless opportunities.
>
> YOUR WORD IS YOUR WAND, 1928, SUCCESS

> There is no competition on the Spiritual plane. What is rightfully mine is given me under grace.
>
> YOUR WORD IS YOUR WAND, 1928, SUCCESS

> The genius within me is now released. I now fulfill my destiny.
>
> YOUR WORD IS YOUR WAND, 1928, SUCCESS

> I make friends with hindrances and every obstacle becomes a stepping-stone. Every-thing in the Universe, visible and invisible, is working to bring to me my own.
>
> YOUR WORD IS YOUR WAND, 1928, SUCCESS

> I am now on the royal road of Success, Happiness and Abundance, all the traffic goes my way.
>
> YOUR WORD IS YOUR WAND, 1928, SUCCESS

> New fields of Divine activity now open for me and these fields are white with the harvest.
>
> YOUR WORD IS YOUR WAND, 1928, SUCCESS

> What God has done for others He can do for me and more!
>
> YOUR WORD IS YOUR WAND, 1928, SUCCESS

> I am fully equipped for the Divine Plan of my life; I am more than equal to the situation.
>
> YOUR WORD IS YOUR WAND, 1928, THE DIVINE DESIGN

> I gave the following statement to a woman: The walls of lack and delay now crumble away, and I enter my Promised Land, under grace.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 1, THE SECRET DOOR TO SUCCESS

> I gave the statement: Now is the appointed time. Today is the day of my amazing good fortune.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 5, THE LONG ARM OF GOD

06.07

Affirmations for interviews

HER WORDS

> There is no competition on the Spiritual plane. What is mine is given me, under grace.
>
> YOUR WORD IS YOUR WAND, 1928, INTERVIEWS

> I am identified in love with the Spirit of this person (or persons). God protects my interests and the Divine Idea now comes out of this situation.
>
> YOUR WORD IS YOUR WAND, 1928, INTERVIEWS

LEVEL 07 / 10

07

Guidance

Shinn called intuition the magic path. She uses the word 29 times and "hunch" 28 times, more and more as she got older. These are her rules for asking for a lead and acting on it.

DOWN HERE

- What intuition meant to her
- How to ask for a lead
- Leads come in odd shapes
- The gardener's answer
- Where she said not to look
- Her rules for hunches
- Her guidance affirmations

IN HER OWN WORDS

07.01

What intuition meant to her

THE IDEA

In her teaching, a lead is any sign of what to do next: a hunch, a chance remark, a line in a book. She treated it as the answer to a request, and she said it would not explain itself.

HER WORDS

> Intuition is a spiritual faculty and does not explain, but simply points the way.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 8, INTUITION OR GUIDANCE

> I say also that prayer is telephoning to God and intuition is God telephoning to you.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 6, THE FORK IN THE ROAD

> Intuition is usually known as a hunch. I do not apologize for the word "hunch" anymore. It is now in Webster's latest dictionary.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 9, THE WAY OF ABUNDANCE

> I had a hunch to look up "hunch," and there it was.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 9, THE WAY OF ABUNDANCE

07.02

How to ask for a lead

WHEN TO USE IT

When you have spoken the word for something and do not know the next step, or when you face two choices and cannot pick.

HER WORDS

> In Truth, we always ask for definite leads just what to do; you will always receive one if you ask for it. Sometimes it comes as intuition, sometimes from the external.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 13, RIVERS IN THE DESERT

> she said, "Infinite Intelligence, give me a definite lead, let me know just what to do!"
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 12, CATCH UP WITH YOUR GOOD

> Now it is necessary for you to make a decision, you face a fork in the road. Ask for a definite unmistakable lead, and you will receive it.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 6, THE FORK IN THE ROAD

HOW SHE SAID TO USE IT

1. Speak the word for what you want, in the form of a request for the right thing.
2. Ask for a definite lead, in words like hers above.
3. Do nothing more until a lead comes.
4. When it comes, act on it, even if the reasoning mind objects.

07.03

Leads come in odd shapes

HER STORIES

Her favorite proof is a lead that arrives as overheard speech. One student, unsure whether to go somewhere, asked for a lead while walking behind two strangers.

> One turned to the other and said, "Why don't you go Ada?"--The woman's name just happened to be Ada--my friend took it as a definite lead, and went on to her destination, and the outcome was very successful.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 13, RIVERS IN THE DESERT

Another woman, offered three jobs, could not choose between New York and Palm Beach until the morning she woke up and could smell Palm Beach.

> I replied: "Well, if you can smell Palm Beach from here, it is certainly your lead."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 8, INTUITION OR GUIDANCE

And Shinn herself once followed an urge into a bakery that sold nothing she wanted, and met a woman she had been meaning to help.

> So often, one goes for one thing and finds another.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 8, INTUITION OR GUIDANCE

07.04

The gardener's answer

HER STORY

A troubled woman asked herself whether her situation would ever clear up. Her maid, not knowing, began a story about a hotel gardener.

> It had been raining for three days and I said to him: 'Do you think it will ever clear up?' And he replied, 'My God, doesn't it always clear up?'"
>
> YOUR WORD IS YOUR WAND, 1928, GUIDANCE

> The woman was amazed! It was the answer to her thoughts. She said reverently, "Yes, with my God it always clears up!"
>
> YOUR WORD IS YOUR WAND, 1928, GUIDANCE

WHY IT MATTERS TO HER

She opens the Guidance section with the rule the story illustrates.

> Always on man's pathway is his message or his lead.
>
> YOUR WORD IS YOUR WAND, 1928, GUIDANCE

07.05

Where she said not to look

REAL VS LEGEND

Readers who arrive at Shinn from numerology may be surprised by this. She warned her students away from psychic readings, number reading and horoscopes, and told the story of a man whose wife had his numbers read.

> I have found it destructive to look to the psychic plane for guidance, as it is the plane of many minds and not "The One Mind."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 8, INTUITION OR GUIDANCE

> The science of numbers and the reading of horoscopes, keep man down on the mental (or mortal) plane, for they deal only with the Karmic path.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 8, INTUITION OR GUIDANCE

> It seems the report was not very favorable, for he said, "My wife says I'll never amount to anything because I am a two."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 7, LOVE

> I replied, "I don't care what your number is, you are a perfect idea in divine mind, and we will demand the success and prosperity which are already planned for you by that Infinite Intelligence."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 7, LOVE

07.06

Her rules for hunches

HER WORDS

These one-liners sit in the Words of Wisdom section of her 1928 book.

> "Never argue with a hunch."
>
> YOUR WORD IS YOUR WAND, 1928, WORDS OF WISDOM

> Never hinder another's hunch.
>
> YOUR WORD IS YOUR WAND, 1928, WORDS OF WISDOM

> Never do today what intuition says to do tomorrow.
>
> YOUR WORD IS YOUR WAND, 1928, WORDS OF WISDOM

> It's a great life if you don't reason.
>
> YOUR WORD IS YOUR WAND, 1928, WORDS OF WISDOM

> It is dangerous to stop in the middle of a hunch.
>
> YOUR WORD IS YOUR WAND, 1928, WORDS OF WISDOM

> A student said to me, "If I don't follow my hunches, I always get into a jam."
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 12, CATCH UP WITH YOUR GOOD

> Get the habit of hunching, then you will always be on the magic path.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 12, CATCH UP WITH YOUR GOOD

07.07

Her guidance affirmations

HER WORDS

> Infinite Spirit, give me wisdom to make the most of my opportunities. Never let me miss a trick.
>
> YOUR WORD IS YOUR WAND, 1928, GUIDANCE

> I am always under direct inspiration. I know just what to do and give instant obedience to my intuitive leads.
>
> YOUR WORD IS YOUR WAND, 1928, GUIDANCE

> My angel of destiny goes before me, keeping me in the Way.
>
> YOUR WORD IS YOUR WAND, 1928, GUIDANCE

> There are no mysteries in the Kingdom. Whatever I should know will now be revealed to me, under grace.
>
> YOUR WORD IS YOUR WAND, 1928, GUIDANCE

> I am a perfect non-resistant instrument for God to work through, and His perfect plan for me now comes to pass in a magic way.
>
> YOUR WORD IS YOUR WAND, 1928, GUIDANCE

> I am divinely sensitive to my intuitive leads, and give instant obedience to Thy will.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 10, DENIALS AND AFFIRMATIONS

> Hunches are my hounds of Heaven--they lead me in the perfect way.
>
> YOUR WORD IS YOUR WAND, 1928, MISCELLANEOUS

> I follow the magic path of intuition and find myself in my Promised Land, under grace.
>
> YOUR WORD IS YOUR WAND, 1928, THE DIVINE DESIGN

> Take the affirmation, I am wide awake to my good, I never miss a trick.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 12, CATCH UP WITH YOUR GOOD

LEVEL 08 / 10

08

Fear and faith

Fear is the most used word on this list. Shinn writes fear, fears, feared or fearful 108 times and faith 97 times, and she treats the two as one force pointed in opposite directions.

DOWN HERE

- Fear is faith turned upside down
- Walk up to the lion
- The ladder in the bank vault
- Watch your motives
- Darkest before the dawn
- Short lines on faith
- Her affirmations against fear
- Her affirmations for faith

IN HER OWN WORDS

08.01

Fear is faith turned upside down

THE IDEA

She names fear as the only enemy and asks the reader to swap it for faith, since in her view both are the same expectation aimed at different outcomes.

HER WORDS

> It is man's only enemy--fear of lack, fear of failure, fear of sickness, fear of loss and a feeling of insecurity on some plane.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 1, THE GAME

> So we can see we must substitute faith for fear, for fear is only inverted faith; it is faith in evil instead of good.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 1, THE GAME

> Fear is misdirected energy and must be redirected, or transmuted into Faith.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 6, CASTING THE BURDEN

> In every act prompted by fear lies the germ of its own defeat.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 6, THE FORK IN THE ROAD

08.02

Walk up to the lion

WHEN TO USE IT

When something frightens you enough that you avoid it. This is her one-line answer to the question students asked her most.

HER WORDS

> I am asked, so often by my students, "How can I get rid of fear?"
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 6, CASTING THE BURDEN

> I reply, "By walking up to the thing you are afraid of."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 6, CASTING THE BURDEN

> Walk up to the lion, and he will disappear; run away and he runs after you.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 6, CASTING THE BURDEN

HOW SHE SAID TO USE IT

1. Name the thing you are avoiding.
2. Be willing to face it, and move toward it.
3. Expect, as she did, that the situation may fall away before you reach it.

08.03

The ladder in the bank vault

HER STORY

A friend of hers would not walk under a ladder. Shinn told her to walk under the next one she saw. Soon after, a ladder stood in the way of her safe-deposit box. She turned back, then made herself return.

> She retraced her steps to the vault, and the ladder was no longer there! This so often happens! If one is willing to do a thing he is afraid to do, he does not have to.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 3, THE POWER OF THE WORD

> Face a situation fearlessly, and there is no situation to face; it falls away of its own weight.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 3, THE POWER OF THE WORD

08.04

Watch your motives

HER WORDS

> Man should watch himself hourly to detect if his motive for action is fear or faith.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 6, CASTING THE BURDEN

> We must all have a watchman at the gate of our thoughts. The Watchman at the Gate is the superconscious mind.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 8, THE WATCHMAN AT THE GATE

> Armchair faith or rocking chair faith, will never move mountains.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 3, AND FIVE OF THEM WERE WISE

A SIGN ON THE WALL

She tells of a successful man who lost his fear by reading a sign hanging in a room.

> He saw printed, in large letters this statement--"Why worry, it will probably never happen."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 1, THE GAME

08.05

Darkest before the dawn

THE IDEA

She warned that doubts often get louder just before a request is answered, and told students not to read that as failure.

HER WORDS

> A big demonstration is usually preceded by tormenting thoughts.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 2, THE LAW OF PROSPERITY

> The student continued, "How long must one remain in the dark" and I replied, "until one can see in the dark," and "casting the burden enables one to see in the dark."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 6, CASTING THE BURDEN

> It is dark before the dawn but the dawn never fails. Trust in the dawn.
>
> YOUR WORD IS YOUR WAND, 1928, WORDS OF WISDOM

08.06

Short lines on faith

HER WORDS

> Faith is elastic. Stretch it to the end of your demonstration.
>
> YOUR WORD IS YOUR WAND, 1928, WORDS OF WISDOM

> Sure-ism is stronger than Optimism.
>
> YOUR WORD IS YOUR WAND, 1928, WORDS OF WISDOM

> "Faith without nerve is dead."
>
> YOUR WORD IS YOUR WAND, 1928, WORDS OF WISDOM

> When in doubt play trumps, do the fearless thing.
>
> YOUR WORD IS YOUR WAND, 1928, WORDS OF WISDOM

> Fear and impatience demagnetize. Poise magnetizes.
>
> YOUR WORD IS YOUR WAND, 1928, WORDS OF WISDOM

> Faith never looks out of the window at the blizzard, it simply prepares for the blessing asked for.
>
> YOUR WORD IS YOUR WAND, 1928, SALES

08.07

Her affirmations against fear

HER WORDS

> I walk boldly up to the lion on my pathway and find it is a friendly airedale.
>
> YOUR WORD IS YOUR WAND, 1928, HAPPINESS

> I am harmonious, happy, radiant; detached from the tyranny of fear.
>
> YOUR WORD IS YOUR WAND, 1928, HAPPINESS

> "There is nothing to fear for there is no power to hurt." I walk up to the lion on my pathway and find an angel in armor, and victory in the name of Jesus Christ.
>
> YOUR WORD IS YOUR WAND, 1928, SUCCESS

> I am surrounded by the White Light of the Christ, through which nothing negative can penetrate.
>
> YOUR WORD IS YOUR WAND, 1928, PROTECTION

> I walk in the Light of the Christ and my fear giants dwindle into nothingness. There is nothing to oppose my good.
>
> YOUR WORD IS YOUR WAND, 1928, PROTECTION

> I now "put to flight the army of the aliens" (negative thoughts). They feed on fear and starve on faith.
>
> YOUR WORD IS YOUR WAND, 1928, FAITH

> For example take this statement: "The unexpected happens, my seemingly impossible good now comes to pass."
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 2, BRICKS WITHOUT STRAW

08.08

Her affirmations for faith

HER WORDS

> Adverse appearances work for my good, for God utilizes every person and every situation to bring to me my heart's desire.
>
> YOUR WORD IS YOUR WAND, 1928, FAITH

> As the needle in the compass is true to the north, what is rightfully mine is true to me. I am the North!
>
> YOUR WORD IS YOUR WAND, 1928, FAITH

> My faith is built upon a rock and my heart's desire now comes to pass, under grace in a miraculous way.
>
> YOUR WORD IS YOUR WAND, 1928, FAITH

> I now exercise my fearless faith in three ways--by thinking, speaking and acting. I am unmoved by appearances, therefore appearances move.
>
> YOUR WORD IS YOUR WAND, 1928, FAITH

> I know there is nothing to defeat God, therefore, there is nothing to defeat me.
>
> YOUR WORD IS YOUR WAND, 1928, FAITH

> I now dig my ditches deep with faith and understanding and my heart's desire comes to pass in a surprising way.
>
> YOUR WORD IS YOUR WAND, 1928, FAITH

> I have perfect confidence in God and God has perfect confidence in me.
>
> YOUR WORD IS YOUR WAND, 1928, FAITH

> I now stand aside and watch God work. It interests me to see how quickly and easily He brings the desires of my heart to pass.
>
> YOUR WORD IS YOUR WAND, 1928, FAITH

> I have given the following statement to many of my students. The long arm of God reaches out over people and conditions, controlling this situation and protecting my interests.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 5, THE LONG ARM OF GOD

LEVEL 09 / 10

09

Letting go

Above the law of return, Shinn set what she called the law of forgiveness, or grace. Her stories of resentment, loss and the past all lead back to it.

DOWN HERE

- The law of forgiveness
- Casting off resentment
- The marble woman
- Stop condemning
- Let go of the past
- Her letting-go affirmations

IN HER OWN WORDS

09.01

The law of forgiveness

THE IDEA

For Shinn, forgiveness cancels the comeback of the first rule. She uses it for other people's wrongs and for her own mistakes, and she calls on it out loud.

HER WORDS

> Christianity is founded upon the law of forgiveness--Christ has redeemed us from the curse of the Karmic law, and the Christ within each man is his Redeemer and Salvation from all inharmonious conditions.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 5, THE LAW OF KARMA AND THE LAW OF FORGIVENESS

Her example is a woman who was handed a counterfeit twenty-dollar bill at her bank, and traced it, with Shinn, to a joke she had played with stage money.

> So I said: "Infinite Spirit, we call on the law of forgiveness and give thanks that she is under grace and not under law, and cannot lose this twenty dollars which is hers by divine right."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 5, THE LAW OF KARMA AND THE LAW OF FORGIVENESS

09.02

Casting off resentment

WHEN TO USE IT

When one person keeps a hold on your thoughts. She says one student came to her month after month until she resented only one woman, and then none.

HER WORDS

> I knew a woman, whose burden was resentment. She said, "I cast this burden of resentment on the Christ within, and I go free, to be loving, harmonious and happy."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 6, CASTING THE BURDEN

> She came in radiant, and exclaimed "You can't understand how I feel! The woman said something to me and instead of being furious I was loving and kind, and she apologized and was perfectly lovely to me.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 7, LOVE

HOW SHE SAID TO USE IT

1. Name the resentment as a burden.
2. Repeat the casting statement, silently or aloud, for as long as it takes.
3. Send the person good will or a blessing instead of an argument.

09.03

The marble woman

HER STORY

A woman complained to Shinn about a cold, critical employer. Shinn told her to salute the divinity in the woman and send her love.

> She said "I can't; she's a marble woman."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 7, LOVE

> I answered, "You remember the story of the sculptor who asked for a certain piece of marble. He was asked why he wanted it, and he replied, 'because there is an angel in the marble,' and out of it he produced a wonderful work of art."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 7, LOVE

> She said, "Very well, I'll try it." A week later she came back and said, "I did what you told me to, and now the woman is very kind, and took me out in her car."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 7, LOVE

09.04

Stop condemning

HER WORDS

> What man condemns in others, he attracts to himself.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 8, INTUITION OR GUIDANCE

> Man picks up a live-wire whenever he criticises or condemns, and may expect a shock.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 8, INTUITION OR GUIDANCE

> If the wrong cannot be righted, its effect can be neutralized by doing some one a kindness in the present.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 7, LOVE

THE COUSINS

Her lightest story on this point is about a woman who kept meeting men with charming female cousins, until she blessed them.

> This time she tried non-resistance. She blessed all the cousins in the Universe and sent them good-will, for she knew if she didn't, every man she met would be stocked up with women relations.
>
> YOUR WORD IS YOUR WAND, 1928, MISCELLANEOUS

09.05

Let go of the past

HER WORDS

> The robbers of time are the past and the future. Man should bless the past, and forget it, if it keeps him in bondage, and bless the future, knowing it has in store for him endless joys, but live fully in the now.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 4, THE LAW OF NONRESISTANCE

> People who live in the past have severed their contact with the wonderful now. God knows only the now; now is the appointed time, today is the day.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 13, RIVERS IN THE DESERT

ON LOSS

> Man can only lose what doesn't belong to him by Divine Right, or isn't good enough for him.
>
> YOUR WORD IS YOUR WAND, 1928, LOSS

09.06

Her letting-go affirmations

HER WORDS

> I forgive everyone and everyone forgives me. The gates swing open for my good.
>
> YOUR WORD IS YOUR WAND, 1928, FORGIVENESS

> I call on the law of forgiveness. I am free from mistakes and the consequences of mistakes. I am under grace and not under karmic law.
>
> YOUR WORD IS YOUR WAND, 1928, FORGIVENESS

> Though my mistakes be as scarlet, I shall be washed whiter than snow.
>
> YOUR WORD IS YOUR WAND, 1928, FORGIVENESS

> What didn't happen in the Kingdom never happened anywhere.
>
> YOUR WORD IS YOUR WAND, 1928, FORGIVENESS

> I now let go of worn-out conditions and worn-out things. Divine order is established in my mind, body and affairs. "Behold, I make all things new."
>
> YOUR WORD IS YOUR WAND, 1928, SUCCESS

> I banish the past and now live in the wonderful now, where happy surprises come to me each day.
>
> YOUR WORD IS YOUR WAND, 1928, SUCCESS

> There is no loss in Divine Mind, therefore, I cannot lose anything which belongs to me. It will be restored or I receive its equivalent.
>
> YOUR WORD IS YOUR WAND, 1928, LOSS

> I put this situation in the hands of Infinite Love and Wisdom; if this trip is the Divine plan, I bless it and no longer resist, but if it is not divinely planned, I give thanks that it is now dissolved and dissipated.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 5, THE LAW OF KARMA AND THE LAW OF FORGIVENESS

> She took the affirmation, "I now let God juggle this situation."
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 6, THE FORK IN THE ROAD

LEVEL 10 / 10

10

Misquoted

Of the 120 Shinn quotes on her Goodreads author page when we checked on November 26, 2026, 79 match her three books word for word and 13 are close. The other 28 are not in any of the three. Here are the ones people share most.

DOWN HERE

- The boomerang line
- "Little beginnings have big endings"
- "Every man is your teacher"
- "Your word is your wand" as a slogan
- Lines she borrowed
- Lines that are hers
- Lines from later books

IN HER OWN WORDS

10.01

The boomerang line

WHAT PEOPLE SHARE

"The game of life is a game of boomerangs. Our thoughts, deeds and words return to us sooner or later with astounding accuracy." It was the most-liked Shinn quote on Goodreads when we checked.

WHAT SHE WROTE

> Man receives only that which he gives. The Game of Life is a game of boomerangs. Man's thoughts, deeds and words, return to him sooner or later, with astounding accuracy.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 5, THE LAW OF KARMA AND THE LAW OF FORGIVENESS

VERDICT

Real idea, paraphrased. Someone modernized "man" and "him" to "us" and dropped her first sentence.

10.02

"Little beginnings have big endings"

WHAT PEOPLE SHARE

"Do not neglect the day of small things, for little beginnings have big endings."

WHAT SHE WROTE

> The student must remember also, not to despise the "day of small things."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 6, CASTING THE BURDEN

VERDICT

Not found in her three books. Her own line borrows "the day of small things" from the Bible (Zechariah 4:10), and the second half does not appear in any of the three.

10.03

"Every man is your teacher"

WHAT PEOPLE SHARE

"No man is an enemy. No man is a friend. Everyman is a teacher."

WHAT SHE WROTE

> There is an old saying: "No man is your enemy, no man is your friend, every man is your teacher."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 7, LOVE

VERDICT

In her book, but she says it is an old saying, so it was never hers to begin with.

10.04

"Your word is your wand" as a slogan

WHAT PEOPLE SHARE

"Your word is your wand. The words you speak create your own destiny."

WHAT SHE WROTE

> Man's word is his wand filled with magic and power!
>
> YOUR WORD IS YOUR WAND, 1928, YOUR WORD IS YOUR WAND

VERDICT

Not found in her three books. The title is hers, and so is the idea, but this wording is not in them.

10.05

Lines she borrowed

REAL VS LEGEND

Several lines that circulate under her name are things she quotes from someone else, and she says so.

> I heard a metaphysician once say, "If you do not run your subconscious mind yourself, someone else will run it for you."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 4, THE LAW OF NONRESISTANCE

> A keen observer of life once said, "no man can fail, if some one person sees him successful."
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 2, THE LAW OF PROSPERITY

Bible verses she quotes also get credited to her, such as "Ask, and it shall be given you," which is Matthew 7:7, and she gives the reference herself.

10.06

Lines that are hers

VERDICT

Some short lines that look too neat to be real are in her books exactly as shared.

> The thing man seeks is seeking him--the telephone was seeking Bell!
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 9, PERFECT SELF-EXPRESSION OR THE DIVINE DESIGN

> You can control any situation if you first control yourself.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 2, THE LAW OF PROSPERITY

> There is no there--there is only here.
>
> YOUR WORD IS YOUR WAND, 1928, MISCELLANEOUS

10.07

Lines from later books

REAL VS LEGEND

Many of the 28 lines we could not find are credited on Goodreads to The Power of the Spoken Word (1945) or The Magic Path of Intuition (2013), both published after she died. We have not checked those books, so we cannot say whether the lines are in them. Shared lines in this group include "Rejection is protection" and "No one keeps you out of your good but yourself." If you see a Shinn quote with no book named, treat it as unchecked until you find it in print.

IN HER OWN WORDS

Morning and evening

She told her students to make an affirmation the moment they woke. The morning list below follows that instruction. The evening list is our own arrangement of her statements for letting go of the day, so take it as a suggestion. Every line is hers.

MORNING

> Thy will be done this day! Today is a day of completion; I give thanks for this perfect day, miracle shall follow miracle and wonders shall never cease.
>
> THE GAME OF LIFE AND HOW TO PLAY IT, 1925, CH. 4, THE LAW OF NONRESISTANCE

> I look with wonder at that which is before me.
>
> THE SECRET DOOR TO SUCCESS, 1940, CH. 11, LOOK WITH WONDER

> Let Thy blessed will be done in me this day.
>
> YOUR WORD IS YOUR WAND, 1928, MISCELLANEOUS

> I am always under direct inspiration. I know just what to do and give instant obedience to my intuitive leads.
>
> YOUR WORD IS YOUR WAND, 1928, GUIDANCE

> Endless good now comes to me in endless ways.
>
> YOUR WORD IS YOUR WAND, 1928, SUCCESS

EVENING

> I cast every burden on the Christ within and I go free!
>
> YOUR WORD IS YOUR WAND, 1928, FAITH

I am at peace with myself and with the whole world. I love everyone and everyone loves me.

YOUR WORD IS YOUR WAND, 1928, LOVE

Divine Activity is now operating in my mind, body and affairs, whether I see it or not.

YOUR WORD IS YOUR WAND, 1928, MISCELLANEOUS

God's work is finished now and must manifest.

YOUR WORD IS YOUR WAND, 1928, MISCELLANEOUS

He who watches over my heart's desire "Neither slumbers nor sleeps."

YOUR WORD IS YOUR WAND, 1928, FAITH

Nothing is too good to be true Nothing is too wonderful to happen Nothing is too good to last

YOUR WORD IS YOUR WAND, 1928, MISCELLANEOUS

IN HER OWN WORDS

Her books in order

The Game of Life and How to Play It, 1925. Her first book, self-published in New York. Ten chapters, from The Game to Denials and Affirmations. Public domain in the United States.

Your Word Is Your Wand, 1928. A sequel made mostly of affirmations, sorted under 29 headings. Public domain in the United States.

The Secret Door to Success, 1940. Fourteen chapters, ending with a reading of Snow White and the Seven Dwarfs as a lesson. The transcription we quote notes that its copyright was not renewed.

The Power of the Spoken Word, 1945. Published after her death. Not quoted in this book, because we could not confirm its public domain status.

The Magic Path of Intuition, 2013. Published by Hay House from a typewritten manuscript a rare-books dealer offered to Louise Hay, who had named Shinn as an early influence. Not quoted here.

When you hear about "the four books" or "the complete works," it is usually the first four of these, collected.

IN HER OWN WORDS

Sources

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- Florence Scovel Shinn quotes, Goodreads author page, checked November 26, 2026. https://www.goodreads.com/author/quotes/56422.Florence_Scovel_Shinn
- Our counts of words, phrases and affirmations are our own, made from the sacred-texts transcriptions. A typing slip in a transcription may move a count by one or two.


Real vs legend, checked.
369rabbithole.com